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q comment:

Top Arts 2020
The Ian Potter Centre:
NGV Australia
at Federation Square
13 March – 12 July 2020
Free entry



Publisher & Editor
Brett Hayhoe
+61 (0) 422 632 690
brett.hayhoe@qmagazine.com.au

Editorial / Sales & Marketing
editor@qmagazine.com.au
sales@qmagazine.com.au

Design
Uncle Brett Designs & Graphics

Contributing Writers
Brett Hayhoe, Gabriel Tabasco, Mark Frederick
Chapman, Helen Baker

Cover picture
Billy Elliot the Music with the compliments of
JAMES D. MORGAN

Photographic Contributions
Mark Frederick Chapman (q cuisine),
Alan Mayberry (q scene), JAMES-D.-
MORGAN (q cover & q feature)

qscene@qmagazine.com.au

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Q MAGAZINE
PO Box 7479, St. Kilda Road,
Melbourne Victoria 3004
www.qmagazine.com.au

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Brett Hayhoe t/a Q Magazine
ABN 21 631 209 230

The annual Top Arts showcase returns for its 26th year presenting artworks from Victoria's brightest emerging student artists at The Ian Potter Centre: NGV Australia from 13 March 2020.

Drawn from over 1,700 submissions from schools across Victoria, Top Arts 2020 presents artworks from 43 students who have excelled in VCE Art and Studio Arts.

Themes explored by the exhibiting artists include mental health, the impact of technology on everyday life, diversity and identity.

Working across mediums including painting, sculpture, performance art, theatre, photography and animation, students have undertaken comprehensive research to create innovative and complex artworks.

Top Arts is a part of the Victorian Curriculum and Assessment Authority's (VCAA) annual VCE Season of Excellence showcasing outstanding VCE and VCE VET students through a festival of concerts, exhibitions, film screenings and a research presentation program.

More information is available from the NGV website: NGV.MELBOURNE

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q feature: **BILLY ELLIOT THE MUSICAL**

Presented by Universal Theatrical Group, Working Title Films, Greene Light Stage, Michael Coppel Entertainments and Louise Withers Presents, the 10th Anniversary Australian tour just completed critically acclaimed Sydney and Adelaide seasons and now plays Melbourne's Regent Theatre until April 19 2020 - tickets on sale now at www.billyelliottthemusical.com.au

Featuring music by the legendary Elton John, book and lyrics by Lee Hall, choreography by Peter Darling and direction by Stephen Daldry, Billy Elliot the Musical has been seen by over 12 million people worldwide. Acclaimed by audiences and critics alike, it is the recipient of 85 awards internationally, including 10 Tony Awards, 5 Olivier Awards and 8 Helpmann Awards.

Sharing the celebrated lead role are Omar Abiad (12, from Brisbane), River Mardesic (11, from Melbourne), Wade Neilsen (13, from Newcastle) and Jamie Rogers (13, from Canberra). The boys were cast following extensive auditions, and after months of intensive rehearsals will alternate in the role of Billy in the Australian tour of Billy Elliot the Musical. All four boys are making their professional debut playing this most extraordinary and inspiring role.

The hugely successful West End musical premiered in Australia in 2007 as the first international production outside of the UK, prior to its Broadway premiere. With the first Australian tour concluding in Melbourne in 2009, this new 10th Anniversary Tour kicks off in 2019, ten years after the curtain came down in Australia. Billy enjoyed huge critical acclaim with Sydney and Melbourne audiences flocking to the theatre, however the physical design was so complex at the time, that touring beyond those two cities was not possible. Now with some clever adjustments, the Producers are delighted that this incredible stage production is able to tour to other capital cities. Now all of Australia can experience the magic and fall in love with Billy Elliot the Musical.

Based on the film of the same name, Billy Elliot the Musical is a funny, gritty, heart-warming and feel- good celebration following the journey of a young boy raised in a small British mining town. Set against the backdrop of the 1984/'85 miners' strike, Billy's journey takes him out of the boxing ring and into a ballet class where he discovers a passion for dance that inspires his family, the whole community and changes his life forever.

Billy Elliot the Musical premiered in London in 2005 and since then has been seen across five continents, winning numerous awards and millions of fans along the way. After winning five Olivier Awards including Best Actor in a Musical for the three Billys and Best Musical, the first international production opened in Sydney in 2007 which garnered eight Helpmann Awards including Best Musical and Best Actor in a Musical for the four boys who shared the role of Billy in 2008. This was followed by an incredibly successful Broadway run which had the extraordinary honour of winning ten Tony Awards in 2009, including Best Musical, Best Direction of a Musical and Best Male Actor in a Musical for the three boys that shared the role of Billy. Productions have been staged all over the world including the West End, Australia, Broadway, North American tour, Chicago, Toronto, The Netherlands, UK & Ireland Tour, Hamburg, Tokyo and Seoul.



Corinna

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Corinna is an historic and remote settlement on the banks of a primitive river, that unlocks the secrets of the pristine Tarkine rainforest and the wild west coast.

A warm welcome, cosy wilderness retreats and great local food enhance the experience at one of the most inspiring places on earth.

Corinna is home of the Pieman River Cruise on the Arcadia.



the wilderness experience

Experience

An old gold mining town, Corinna has recently been transformed into a globally significant nature based visitor experience.

Nestled in pristine rainforest on the banks of the majestic Pieman River, this ancient setting shows a world beyond human memory. Corinna is an accessible starting point for visitors to connect with this remote wilderness, and experience nature in the raw.

Corinna's rich history spans the Tarkiner people, dating back 30,000 years, to the more recent pioneers and miners. A visit to Corinna allows guests to escape from the everyday, and to become immersed in a unique wilderness experience.

Explore

Access to the pristine wilderness can be made by kayaks on the Pieman and its tributaries, by foot on one of the many remarkable walks, or by river cruise.

Options range from short board walks to more challenging walks through primary rainforest. The amazing Lover's Falls has recently been made accessible with a board walk and viewing platform.

The Corinna to Pieman Head river cruise on the legendary Arcadia II is often described as the best river cruise in Tasmania. It provides an intimate connection with the rainforest and it's mirrored reflections and an experience of the wild west coast.

Enjoy

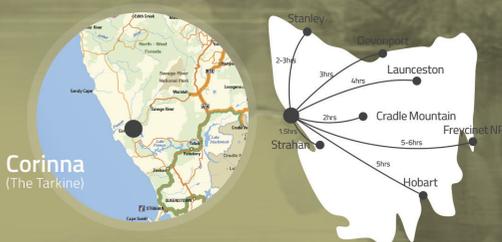
After exploring the wilderness, the Tarkine Hotel is the perfect place to unwind with a drink on the verandah, or by the fire.

The Tannin restaurant offers a range of delicious daily lunches and dinners using local Tasmanian produce. Guests can also cook in their retreats or on barbeques provided in the old produce store. Along with some provisions we also supply comprehensive barbeque and breakfast packs that are available on site.

Retreat

Relax and unwind in cosy one or two bedroom eco-friendly retreats, original miners cottages, the old guest house or riverside campsites are available. Curl up by fireplaces in each room, sink into comfortable beds, cook up a storm or simply watch the local quolls and wallabies from your verandah.

Corinna lies north of Strahan and west of Cradle Mountain. It is accessible from the north via Waratah, or from the south via Zeehan or Roseberry, by crossing the Pieman on the unique 'Fatman' barge.



Trip Advisor

Perfect venue for weddings ■ Bookings for eco-retreats and cruises can be made directly
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q cuisine: with HOBBY CHEF CHAPMAN

Peppadew® Sweet Pepper Chicken with Polenta

They are fiery red, sweet and mildly hot – little peppers from Peppadew® in South Africa. They are ideal for giving your dish an extra sweet kick.

Preparation | First prepare the Polenta. Bring the vegetable stock to the boil in a large saucepan and let the cornmeal drizzle into the stock while continually stirring. Keep stirring until the cornmeal has absorbed the stock. Reduce the heat and continue stirring to avoid the Polenta getting burnt. After about 10–15 minutes add five tablespoons of Parmesan cheese and the butter and mix in well. Pour the Polenta into a flat ovenproof dish, smooth it out and set aside to cool. The Polenta can be made well ahead of the cooking time.

Chop the red onions and garlic cloves very fine. Cut the cherry tomatoes into halves and chop the parsley. Take about 15 red peppers from the jar and let them drip-off. Take the white beans out of the can and rinse them in cold water. In a skillet cook the onions and garlic over medium heat until softened. Then add the pureed tomatoes and the vegetable stock – let it simmer until the liquid is half reduced.

Mix each five tablespoons of Parmesan cheese and breadcrumbs with the softened butter and spread it over the top of the Polenta. Preheat the oven to 200° C and bake the Polenta until the topping starts to get golden brown – approx. 5–8 minutes.

Season the chicken breast with salt and pepper and fry them until nicely browned and well cooked.

Add the white beans, cherry tomatoes, chopped parsley and the Peppadew® sweet peppers to the sauce and let it all simmer for another 5 minutes. Season with salt to taste.

Serving | Cut the Polenta into slices and place on the plates. Spoon some of the bean and vegetable sauce on the plates and place the chicken breasts on top. Finally, cover the meat with some more of the sauce.

Ingredients:

- 4 Chicken breasts
- 1 Jar Peppadew® Sweet Peppers, Mild Whole
- 1 Can large white beans
- 2 Medium-sized red onions
- 2 cloves of garlic
- 12 cherry tomatoes
- 8 Tbsp pureed tomatoes (Passata)
- 100 cl Vegetable stock
- 1 bunch of flat parsley

Polenta:

- 250 g Polenta (cornmeal, medium grain)
- 1000 cl Vegetable stock
- 10 Tbsp ground Parmesan cheese
- 50 g unsalted soft butter
- 5 Tbsp fine breadcrumbs

Preparation time: 35 minutes. Serves 4



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q life: with GABRIEL TABASCO

Matt, the Milkman and I
March 2020

My friend Matt, who on weekends when we had nothing to do, would wank off together, once told me about his friend nicknamed the Milkman. Apparently Matt would go over to the Milkman's house and get milked. 'Hence his nickname,' Matt clarified.

'All I do,' he began telling me, over a pint of beer, 'is to go over to his pub, usually before it opens for the day or on weekends when it's slow. After we have a pint, he places me over a table or on the bar, and milks me. Usually it takes about an hour or so, depending on how horny I am. Which is always, so I wank off before I go, so I can last longer,' he explained.

He took a long sip of his beer and laughed, remembering the milking sessions he had. Matt told me about it all before, through the online chats we used to have when we first met online but it seemed hotter to hear him say it as we were drinking.

Matt was a tall, dark-haired, strong-jawed political consultant. What he did exactly I was not sure. But I did know that the civil service, both domestic and foreign was packed to the rafters with gay men, with seemingly endless libidos. The civil service seemed to be a society cut off from a society and they all seemed to have sex with each other. Matt seemed to know anyone who's anyone. So his milking sessions were a break from the close-knit gay political circles he was accustomed to.



'It sounds hot,' I said.

'The politicians or the Milkman who runs a pub?'

'Both. But I'd like to be milked too... with you... if that's ok...' I said to Matt.

'Sure. Let me see if I can arrange,' he said.

'You should know that the Milkman loves come.

Once, he milked me over a

bowl of strawberries. I came all over them, and he ate the strawberries covered with my come, as he had a glass of Champagne.' To say I was hard after hearing all that was an understatement.

After some going back and forth over a number of weeks, one sunny Saturday morning Matt made it work and we drove over to the Milkman's pub in the northern suburbs of Melbourne, to be milked like two lactating cows.

The Milkman was a big, burly Scotsman who welcomed us in with a strong handshake and a big smile. He patted me enthusiastically on the back and Matt strongly on the butt as he led us in.

'We'll be having the milking upstairs in my living room boys, if that's ok,' he explained, as if we had any choice in the matter. 'Please undress, get naked ... and hard ... and get on all fours on the coffee table,' at that he laughed, 'and I will be right with you. Let me just go wash my hands and get the lube.'

Matt and I stood awkwardly in the living room for a moment before looking at each other and slightly grinning we began to take our clothes off. We wanked off together countless times but this felt different: more sexually charged, a little dangerous and hornier. It was as if we were venturing into the unknown. Which for me, it was. It was my first milking session. Naked, both Matt and I got on the coffee table, our balls hanging in the air ready to be tugged until tight and our erections growing, ready to be fondled and played with by a man who was about to show up with a strawberries and lube. We'd provide the cream. On all fours on the coffee table we were prepared to be fondled and milked.

The Saturday sunshine streamed into the room and warmed it. Matt, with his dark brown hair and fair, milky skin seemed to glow gently in the sunlight. His light skin made him seem almost hairless but he had a light film of hair on his legs. His chest and ass were smooth. By contrast I was darker and would naturally be hairy if I did not mascape.

'Nice set of holes we have here,' said the Milkman. My hole was waxed while Matt's had some bum fluff around it. 'Usually some guys are hairy down there, not that I am complaining,' continued the Milkman, 'and it can be more challenging to milk amid all that hair, but with you guys it's soft and smooth. Matt you got a bigger bum,' he added to which we all laughed, Matt and I nervously, as the Milkman was running his hands up and down our asses.



He was just getting started and occasionally he tugged lightly on our cocks that were fully erect.

'Gabriel, you got a nice set of low hangers,' commented the Milkman. 'Matt. Nice thick cock you got there.' The commentary ran through the session.

So there we were, one Saturday morning before the pub opened in northern Melbourne as Matt's and my low-hangers were on all fours on the Milkman's low-level, wooden coffee table. The Milkman began working away at us, having lubed up our holes and fingered us gently.

'Some guys don't want too many fingers in their hole while others want lots, but today it will be just the gentle one. One on each of you,' he laughed. From fingering he would reach under our perineum and tug at our balls and begin stroking our cocks.

Just as Matt said, both he and I were lightly kissing, laughing and chatting as the Milkman worked away at us. He had one hand on each of our asses and in unison caressed each of them. Whatever he did to Matt he would also be doing to me. His left hand on Matt's left bum cheek, his right hand on my right bum cheek. Then he would dip and fondle our balls, squeezing and tugging at them at the same time. He did that for a good 45 minutes as Matt and I became hornier and our breathing heavier.

'I am guessing you guys are close to coming,' said the Milkman.

'I guess so,' said Matt.

'I know so,' said the Milkman. 'I can tell because both of you have stopped your kissing and chatting and are trying not to come and both pairs of balls are tightening. They were like peaches. Now they are like grapes. And the contents will soon go on my strawberries.'

His analogies alone made us horny as he continued to work away at us, his rhythm became faster and faster until we were ready to come. First Matt, and inspired by his produce I followed right after. Both of us providing the cream for the Milkman's strawberries.

q serial: PORN STAR - EP 1

How to Make it as a Porn Star - Episode One

This series follows on from 2019's 'The Harem Boys'. It tells the story of Gio's adventures as he tried to make it as a porn star in Los Angeles.

By the beginning of the summer I had completed one year as a Harem Boy, the Florida Keys' top gay male strip ushow. As tradition dictated, the six of us who were the current Harem Boys had to move on and make way for the new group of strippers who were coming through for the show.

Big Jake, the hotel's owner and the producer of the strip show would not bend his rules of keeping us on for another year and so we were set to move on to new adventures.

Our theme was 'the boys next door' because we were regular, fun, and may I add, horny guys, who appealed to the audience. The new theme was yet to be decided. The management had not begun auditions yet.

Mike and John, the two best friends, tired of gyrating in thongs for men, wanted to open their own nude plumber business catering exclusively for women where, as both put it, they did not need to trim their chest or wax their asses in order to earn some money. They wanted to fix pipes naked as their female clients looked on. Dangling balls over a sink... that would be something new. Ray wanted to become an accountant and Alfonso and Alex wanted to take a road trip across the southern US in order to reach the Pacific coast in California. I also wanted to reach California but for a different reason: I wanted to become a porn star.

I enjoyed being a stripper. I liked the show, the dancing, the socialising, and the whole theatricality of it all. I could have looked for a job as a gogo boy in Key West but I felt it would be much the same thing as I was doing while dancing at the Harem Boys, so it felt normal that the next step would be a career in porn.

'But you have a degree in law,' said a friend of mine, 'why have sex for others... and on film?' The truth was that I enjoyed the exhibitionism, the sets, and the adventure. I liked the cheesy storylines. I even liked the bad acting which I was sure to have no issue in that department since my acting skills were abysmal.

'You know that everyone will know what your dick looks like. They will even know your dick size?' said another friend. I did know that and it did not bother me

at all. In fact it kind of thrilled me. I had seen people on forums and blogs praise or trash the physical attributes of porn stars, and even the negative comments seemed hot. If they wanted to trash talk me it only would mean that I had made it as a porn star.

GABRIEL TABASCO



Alfonso and Alex offered me a lift to California. I declined to go with them preferring to make the trip alone and drive from the Caribbean Sea to the Pacific Ocean alone. They drove off in a red convertible, beginning their road trip. I stayed on to the next day, saying goodbye to Big Jake and the staff at the hotel and also made my way.

I was the last of my group to leave the hotel where we lived, naked, for a year, as per the rules. Even putting on shorts was forbidden, so it felt odd wearing clothes again. The only clothes we wore were the costumes on stage... which we took off so we could dance naked. After a year of being naked, we all got used to it; we were naked alone, with each other or in public.

We had performed naked, had sex in front of each other as well as people watching, we had even come on stage in front of an audience, so wearing clothes felt heavy. But it also felt like rediscovering part of my personality.

In my red shorts and vest I loaded what few belongings I had in my rental car: my two suitcases, laptop, iPad, shoes and an assortment of thongs and costumes from the show and made my way across the USA, all so I could be, at least, a second-rate porn star. I was so excited I'd have settled for third-rate but knew I could be number one. I had jerked off to the greats after all and knew their moves... I was ambitious, resourceful, creative and most of all had a high sex drive. Isn't that all it takes?

I was about to find out that it took much more...

Read on next month for Episode Two.



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q libations: HELLYERS ROAD IS BACK

HELLYERS ROAD WELCOMES BACK AN OLD FRIEND

The cyclical nature of single malt whisky production is one of the nuances that make the category so intriguing and unique. Arguably, there would not be a distillery in the world that can guarantee an infinite supply of a particular skew, given the fact these whiskies take years to mature and once released consumer demand can quickly usurp any forecasts around long-term supply.

Such has been the case with Hellyers Road's Original 12 Year single malt. First taken to market in 2014, its quality and keen pricing soon found strong market favour with available stocks gobbled up within 18 months of release.

According to Hellyers Road's Master Distiller, Mark Littler the distillery was taken by surprise at how quickly the release became fully allocated but the latest news is good in that a new batch of Original 12 year is available with market interest already very keen.

"We have in excess of 3000 700mL bottles available in the current batch and will have more 12 year stock coming on line for bottling in 2021 which is really exciting. Our oldest whiskies are now approaching 20 years of age and are reserved for ultra-premium single cask releases however we are thrilled, to again be able to offer this lovely core range 12 year single malt which was so popular previously," Mark said.

Hellyers Road Original 12 Year carries the typical citrus and vanilla tones of the distillery's Original flavour profile whiskies but age has added a new dimension to the character and body. Its rich brassy colour gives rise to a mouthfeel that exudes an oily sweetness, tinged with shavings of citrus peel poking through. The finish is calming and long, with vanilla evident.

Hellyers Road Distillery Original 12 Year single malt is available at cellar door, online and soon to major and independent stockists.

For more information, please visit www.hellyersroaddistillery.com.au





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q travel: THE BROWN NOMADS

The rise of the brown nomads and tips on how to do it - with Helen Baker

Grey Nomads are a stalwart of the outback campsite but life on the road also attracts younger families, the Brown Nomads. These are people who don't want to work their whole life only to start living at retirement. We never know what health issues may lay ahead. Adventuring sounds fun but doesn't always generate a secure income. With good financial planning you could enjoy the nomadic life and still maintain financial security.

Before the trip

The options for how to stretch finances depends on your specific circumstances. It's important to see a financial planner early on in this process, but there are a few general tips I can offer.

Reduce debt. Pay it down as much as you can and see if consolidation makes sense. Do not carry credit card debt into this adventure.

Plan your income and expenses. Income sources include savings, investment dividends, long service leave, redundancies, ongoing business, or profits from asset sales. Plan expenses, including buying your start-up gear. Many nomads budget for \$1000 per week, but it varies. Once you know how much you'll need you can start planning where to take the funds from.

Interrogate your tax and maximising options. If you've received a lump sum and want to use it to kick start your nomadic life, there may be some tax-efficient ways to stretch this amount. Consider various strategies, including a variety of superannuation strategies, consider paying down debt and investing in the name of the partner who didn't earn an income, or earned less.

Time your trip to suit your finances. Are there any benefits to going this or next financial year based on your circumstances?

Get your financial foundations in place. There are a few things you'll need to get right as a basis for any secure financial future. These include having an emergency fund, creating a spending plan, getting the right insurances, optimising all aspects of superannuation including fees and investments inside, and having an up to date estate plan.

On the trip

Now you've hit the road and money is flying out the door and not so much is flying back in.

Review your tax. With the income changes there may be tax incentives you are now eligible for. You could make a spousal superannuation contribution, which will reduce your tax bill. You may also be eligible for the Family Tax Benefit.

Manage your income streams. Are you relying on income from dividends, term deposits that pay interest or rental income? Should you be? Any income linked to investments can change. Make sure you have enough money parked somewhere to see you through. Spend less money. It sounds obvious, but in my experience, people spend what they have. I've had clients go from spending \$200,000 per year to \$40,000 after switching to a nomadic life for a year. When you aren't in the 'rat race' you'll be surprised how much joy life gives you for free and all the expenses you no longer have.

Use the nomad community. Experienced nomads will tell you their biggest expense is usually fuel. Find the cheapest with apps like Fuel Map Australia. Second to fuel is accommodation. WikiCamps Australia is one of many apps that has information about sites, including where the free ones are.

Packing up and hitting the road does not have to cripple you financially. If you set yourself up right and plan well, you could have the adventure of a lifetime while you're young, fit and healthy and return to a solid financial foundation.

Helen Baker is a licenced Australian financial adviser and author of two books: One Your Own Two Feet – Steady Steps to Women's Financial Independence and On Your Own Two Feet Divorce – Your Survive and Thrive Financial Guide. Proceeds from the books' sales are donated to charities supporting disadvantaged women. Helen is among the 1% of financial planners who holds a master's degree in the field. Find out more at www.onyourowntwofeet.com.au



Note this is general advice only and you should seek advice specific to your circumstances.

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q book: **ROBBIE'S STORY**

Robbie's Story: Gay Novel, Forgotten in Obscurity, Strides into the Limelight

In the mid-1980s, Stuart Carey wrote a novel no-one wanted. 'Gay novels don't sell,' he was told. He put it in a drawer, and got on with his life working for Leeds City Council, and tried to forget about it. Before long his job folded due to council cuts and he eked out a precarious living as a private therapist, with a clapped-out boiler he couldn't afford to get fixed.

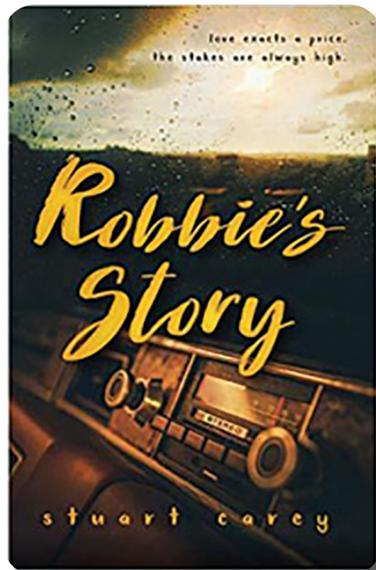
Then, a couple of years ago, he attended a 1980s event at a gay bar and someone asked him: 'What were we and what were we about in those days?'

Stuart found himself replying: 'We were hustlers and smoky cowboys, fireside tale-weavers married to chance. We were wise jesters and brazen prophets who thought we owned the world.'

That night he got out his manuscript. He felt inspired.

Stuart had heard about the new independent publisher The Conrad Press and heard it was on the lookout for new talent to nurture. Stuart got in touch with principal, James Essinger, and after the conversation decided to write the novel from scratch so that he, Stuart, could make it all he wanted it to be. Knowing that there was a strong chance it would get published made all the difference: writing a novel you think will never get published is obviously disheartening no matter how much talent you have.

So he woke up before the birds, popped on his ancient headphones and with copious amounts of Brahms and strong coffee to keep him awake, three months later he had revised his gay novel and Robbie's Story was born.



Synopsis:

Robbie Stebson is a young man in his twenties, a hopeless romantic; struggling to allow himself to love his own sex. Very nearly married, he falls for Tyrone, a young Irishman. Robbie, an enthusiastic teacher of English, is horrified that some of his pupils are being emotionally abused by a senior teacher. Robbie feels he has to make a stand; thus embroiling himself in a maelstrom of bullying, blackmail and the attempted murder of his lover. Robbie's Story tells of his dysfunctional family, friendships and the betrayals he suffers; as well as his promiscuity, trawling gay bars and clubs with a driven need. And yet throughout, there is the happy-ever-after dream he believes can never come true.

As Stuart says: *'Essentially, it's a gay love story: aching, tender, lyrical yet celebratory, and also strident and raw. Betrayals and family secrets hover like spectres. Blackmail and attempted murder are also part of the busy traffic of what I've tried to make a helter-skelter narrative.'*

Stuart continues: *'I was born in Carlisle, Cumbria, in 1958 and I've always known that I was gay. I worked for much of my life in the field of mental health and counselling. My first love was always writing. I've scribbled stories in tuppenny notebooks since I was a child and I once walked the four miles to school and back for a week: saving the bus fare to buy a paperback copy of David Copperfield. My teachers had banned me from reading it at school: I can't remember why. After I read it, I knew I wanted to be a writer.'*

The Conrad Press published 'Robbie's Story' by Stuart Carey earlier in 2019. It is available from all good bookshops and also on eBay and Amazon. ISBN 978 1911 546 1 911546436 RRP £9.99 Also available as an ebook.

Copies can also be purchased from Amazon: <https://amzn.to/2QJFsxY>

About the Author:

Stuart Carey was born in Carlisle, Cumbria, in 1958. He has spent most of his working life in Mental Health; the majority of this time in the field of counselling. He is passionate about LGBT rights, all things vintage and retro and says his idea of perfect heaven is browsing charity shops and hunting out old vinyl records. He lives in West Yorkshire with his gay partner.

An Australian Celebration for our Monarch's Birthday



Australian Monarchist League
Roots in our past, growing for our future.

*The Australian Monarchist League
– Victorian Division –
invite you to celebrate*



Queens Birthday

God Save the Queen. Long May She Reign Over Us.

Sunday the 19th of April, 2020 - 2pm to 6pm

M03/55 Queens Road, Melbourne 3004

\$30 / head for Members

\$40 / head (incl. AML online membership)

Light cuisine and libations included

Special Guests:

*AML National Chair, Mr. Philip Benwell MBE
& The Honourable Heidi Victoria.*

Bookings are essential by 15th of April at

<https://www.trybooking.com/B1G1F>

q beauty: ENBACCI MAGIC MASKS

Often found in sports drinks and known for replenishing the hydration of athletes, electrolytes are minerals that conduct electricity when mixed with water. As our face is susceptible to daily biological and environmental aggressors, including age, artificial cooling, and UV trauma, skin cells become less efficient at eliminating the by-products caused by these antagonists which in turn can leave us looking tired, dehydrated and depleted.

With their small molecular weight, electrolytes operate transdermally by dissolving in the body's fluids and creating small electrical charges to help clear water pathways (aquaporins) in the skin. Most notable of these minerals is potassium which serves to transport vital hydrating substances, such as hyaluronic acid and ceramides, to deprived areas of the face and reinforce the skin's natural barrier function through the organisation of lipids.

Pioneering the use of electrolytes with fruit stem cell extracts, luxury Australian skincare brand, Enbacci, releases its latest innovation of sheet masks containing the potent benefits of Swiss apples and French grapes.

Optimising moisture levels to plump skin and reduce the signs of ageing, the sheet masks contain embryonic fruit stem cells which seek out and synthesise to damaged receptors in the skin and adopt their structural coding in order to renew and repair damage from within. Fuelled by potassium, each mask is designed to reverse skin damage by restoring normal cell function, hydration and radiance.

Extracting cells from the callus of the grape – a gel-like covering that forms as the grape attempts to heal itself – the Vitis Vinifera Rejuvenating Mask (\$20 RRP) contains phenolic compounds such as anthocyanins and proanthocyanidins to reverse UV-related damage, reduce redness and inflammation, even skin tone, and strengthen youth-perfecting collagen and elastin structures.



Rich in vitamins A, B and C, the Age Revitalising Face Defence Mask

(\$23 RRP) combines a rare Swiss variety of orchid apples, the Uttwiler Spätlauber, and Leucojum Aestivum Bulb Extract to brighten the skin, reduce puffiness, plump fine lines and treat acne scars, blemishes and dark spots. The botulinum effects of Leucojum Aestivum Bulb Extract mimics that of Botox by plumping the skin from within for a fuller, more youthful appearance.

"Electrolytes are a really exciting ingredient for skincare users in 2020," said Yong-Li Zhou, the founder of Enbacci. "Like your favourite sports drink, electrolytes serve as fuel for the skin ensuring our cells operate properly and can benefit from other ingredients."

Enriched with sodium hyaluronate, allantoin, trehalose and acacia senegal gum, both masks in the range help clarify skin from toxins, stabilise healthy moisture levels, and calm inflammation and redness for an even toned and balanced complexion.

"In many ways, electrolytes are to hydration what retinol is to renewal: the ultimate facilitator," said Yong-Li.

Available nationwide online and at Enbacci's flagship store in Prahran (Melbourne), each mask is made locally in Australia and available as a single unit or in a pack of five.

Please visit <https://www.enbacci.com> for all of your enquiries and information.

q film: 2020 FRENCH FILM FESTIVAL

2020 welcomes both a new decade and the sparkling 31st edition of the Alliance Française French Film Festival. In keeping with such a momentous year, this beloved event will once again unveil a thrilling selection of contemporary French cinema, guaranteed to captivate and stimulate audiences around the country.



Presented by the Alliance Française in association with the Embassy of France in Australia and Unifrance Films, the 2020 season will screen at Palace Cinemas and affiliate locations progressively from 10 March until 19 April, encompassing 8 cities and 4 satellite locations. Celebrating his 4th year as Artistic Director, Philippe Platel, has spent the past 12 months reviewing hundreds of films in order to select the superlative array of 49 features and documentaries, along with 2 thrilling television shows, that form this year's programme – many of which will be screening in Australia for the first time.

Showcased via 9 distinct categories with expressively piquant headings such as 'Eternal Odyssey,' 'Intense & Unsettling,' 'The Voice of the Countryside,' 'Magnetic Love,' and 'City of Lights,' the 2020 line-up has a strong emphasis on social engagement and altruistic endeavours. These qualities are depicted in films such as the multi-award-winning *Les Misérables*, Ladj Ly's searing snapshot of corruption and simmering tensions in modern-day Paris; *School Life*, a comedy/drama set within a Saint Denis high school; *Invisibles*, which follows the unorthodox antics taken by an illegal women's shelter to avoid closure; *Oh Mercy!*, a darkly compelling exposé of the human condition as observed by a police chief in Northern France; the poignant rural drama, *In the Name of the Land*, starring Guillaume Canet as a farmer battling to maintain his dignity in the face of incessant setbacks, and many more extraordinary films.

In times of social, environmental and political uncertainty, cinema also looks to heroic figures for inspiration, a trend which is echoed via themes ranging from space travel (*Proxima* and *How to Become an Astronaut*); fairytale princes (*The Lost Prince* and *Donkey Skin*), political leaders (*Alice and the Mayor and Savages*); submarine soldiers (*The Wolf's Call*) and spirits (*Zombi Child*).

High on the list of 2020 highlights is the international premiere of director Martin Provost's *How to Be a Good Wife*. Set at a time when women were still expected to be largely subservient, this delicious comedy stars the luminous Juliette Binoche as the pristine head of a housekeeping school who, when faced with adversity, takes her first steps towards emancipation.

There's also the hotly anticipated *La Belle Époque*, which tells the story of Victor (Daniel Auteuil) a disillusioned man who is given the opportunity to relive the great love-affair of his youth, and the whimsically romantic *Notre-Dame* – shot before last year's horrific fire - about an architect who wins a competition to redesign the Notre-Dame esplanade – a movie which, given events of the past year, is now considered visionary.

Breathing life into this cinematic cornucopia will be a host of France's most electrifying actors, including Fanny Ardant, Vincent Cassel, Romain Duris, Emmanuelle Bercot, Bérénice Bejo, Jean Dujardin, Fabrice Luchini, Noémie Lvovsky, Eva Green, Jacques Perrin, Gaspard Ulliel, Roshdy Zem, Léa Seydoux, Yolande Moreau, Xavier Dolan, Virginie Efira, Sandrine Kiberlain, François Cluzet, Gilles Lellouche, Laurent Lafitte, Christophe Lambert, Mathieu Kassovitz, Virginie Ledoyen and Ludvine Sagnier, who will feature in films directed by, amongst others, Christophe Honoré, Zabou Breitman, Xavier Dolan, Martin Provost, Olivier Nakache, Éric Toledano, Guillaume Canet, Erwan Le Duc, Rémi Bezançon, André Téchiné, Cédric Kahn, Dominik Moll, Arnaud Desplechin, Cédric Klapisch, Michel Hazanavicius, and Yvan Attal.

And in celebration of its 50th anniversary, the Festival will present a restored version of the aforementioned, *Donkey Skin*, a luscious fairy-tale musical from legendary New-Wave director Jacques Demy, featuring a soundtrack by Michel Legrand and starring the eternal Catherine Deneuve who headlines four films in this year's programme.

National dates and venues for the 2020 Alliance Française French Film Festival are on the festivals website - listed below - along with how to stay in touch on social media.:

W: <http://www.affrenchfilmfestival.org> F: <https://www.facebook.com/AFFrenchFilmFestivalAus>
I: https://www.instagram.com/af_fff_aus T: https://twitter.com/af_fff_aus Hashtag: #af_fff_aus

q musical: **MIDNIGHT**

A major new musical coming to Melbourne
featuring SHANE JACOBSON and ROB MILLS



Stars of stage and screen Shane Jacobson and Rob Mills will lead the new musical production of MIDNIGHT- The Cinderella Musical, with music/lyrics by John Foreman and Anthony Costanzo, which is premiering in Melbourne on June 26 at Her Majesty's Theatre.

This enchanting tale will be reimagined for the stage with Direction/Book by Dean Murphy (The Very Excellent Mr Dundee, The Divorce) & Pip Mushin (Resident: Book of Mormon, Fiddler on the Roof) and Music and Lyrics by John Foreman (Oprah Winfrey finale concert, Carols By Candlelight), & Anthony Costanzo (Life's A Circus, Crossroads). Choreography by Kelly Aykers (So You Think You Can Dance, The Wizard of Oz, Barnum) will round out this magical offering.

"We are thrilled to be launching this show here in Melbourne. After four years of development we can't wait to see what audiences make of this feisty and original take on the classic tale. We hope that MIDNIGHT will do for Cinderella what WICKED has done for The Wizard of Oz. Bring the story to a whole new generation in a fresh and exciting way," said producer Spencer McLaren.

The Cinderella story has been handed down from generation to generation and this new incarnation is not just a tale about true love; it is the story of a girl who is destined for so much more than what the world has given her.

Debuting just in time for the school holidays, MIDNIGHT features a funny, intelligent and strong-willed Cinderella who is determined to make her mark. The last thing she wants, or needs is a so-called Prince Charming. Enchanted by this feisty and alluring stranger, the Prince wades into uncharted territory and quickly learns 'Ella' is like no one he has met before.

Can Ella do all she plans before the Fairy Godmothers spell breaks at the stroke of MIDNIGHT?

In addition to Shane Jacobson as The King and Rob Mills as the Prince, a national search will begin in March to find the perfect Ella and producers are hoping to cast an unknown talent to fill the role. Follow on Facebook for updates @MidnightinAU.

Shane Jacobson is one of Australia's most loved, award-winning actors, presenters and entertainers. His incredible and varied career spans over 40 years both here at home and internationally. The successful film Kenny (2006) brought Shane world-wide recognition as well as an AFI Award for best lead actor. Subsequent film and stage credits include Guys and Dolls, The Dressmaker, The Rocky Horror Picture Show, Charlie & Boots, The Bourne Legacy, Ladies in Black, Oddball and Mother & Son.

Rob Mills first came to Australia's attention in 2003 as a finalist on the first series of Australian Idol. Since then, he has carved out a successful career as a singer, presenter and actor spanning over 15 years. Credits include the national tour of Grease (as Danny Zuko), Ghost the Musical, Into the Woods, Hair, Jesus Christ Superstar, Legally Blonde, the TV movie of the Peter Allen story Not the Boy Next Door, as well as over 500 performances in Wicked as Fiyero, the Melbourne season of the off-Broadway smash hit Puffs and most recently, terrorising Erinsborough residents as Finn Kelly in the iconic TV soap, Neighbours.

MIDNIGHT - The Cinderella Musical is produced by Spencer McLaren (Mother & Son, Sweeney Todd starring Anthony Warlow, Puffs the Play), Dean Murphy (The Very Excellent Mr Dundee, The Divorce, Strange Bedfellows) and Craig Donnell (Grease- The Musical, The Sound of Music) and presented in association with Lascorp Entertainment and Fractured Limb.

MIDNIGHT - The Cinderella Musical
STRICTLY LIMITED SEASON from June 26
Her Majesty's Theatre, Melbourne

Join the waitlist at www.midnightmusical.com.au to be the first to buy tickets
and follow @midnightinau #midnightinau

q community: HARVEY MILK

DMK Supports Mardi Gras with the Harvey Milk Foundation

This Mardi Gras DMK brought the Harvey Milk Foundation (HMF) to Australian shores, spreading the messages of authenticity, diversity and equal opportunity.

Founded by iconic civil rights leader, Harvey Milk's nephew Stuart, the foundation provides on the ground support and award-winning programming to struggling and emerging LGBTI communities.

As a long-time partner of HMF, DMK is providing much needed funds through the Limited product collection, with 10% of all proceeds going to this magnificent cause. In 2019 alone, DMK raised over \$135 000 for HMF and continue their support by creating the first ever HMF float for this year's Mardi Gras parade.

The glamorous DMK float gracefully made its way down Oxford Street, led by founder Dannè Montague King, dressed immaculately in character as Liz Loren. With 20 million people tuning into the parade broadcast, the float was able to display and embody the core belief of freedom to express oneself in a safe and positive environment.

Following the famous assassination of his uncle in 1978, Stuart became an LGBTI advocate for these key messages. Through this year's Mardi Gras he highlighted that the event is a powerful reminder that even small acts of inclusion and support can save lives.

"I guarantee you there are people in that crowd that had no hope to the point where they may have planned their own suicide, that will go to the Pride [Mardi Gras] and will pull apart those plans and realise that they have a future."

DMK believes that everyone, no matter their identity, deserves confidence that comes from having great skin and living an authentic life. Together with HMF, this partnership has the ability to change the lives of individuals and ensure those with insecurities have the support they need.

For more information on HMF head to <http://milkfoundation.org>

To support HMF through DMK limited please head to <https://www.dannemking.com/dmk-limited>

The Harvey Milk Foundation: As a start up not-for-profit organization, the program aims to empower local, regional, national and global organizations so that they may fully realize the power of Harvey Milk's story, style, and collaborative relationship building

DMK: DMK experts apply their training and passion beyond rebuilding skin, to help rebuild peoples' lives. At DMK they understand the emotional burden of having problematic skin and believe everyone deserves the joy and freedom that comes from having skin that is healthy



Gaylord Blade

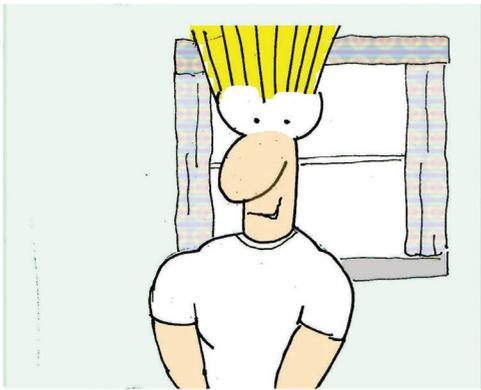
You didn't have to clean my loo, love, but thank you nonetheless!



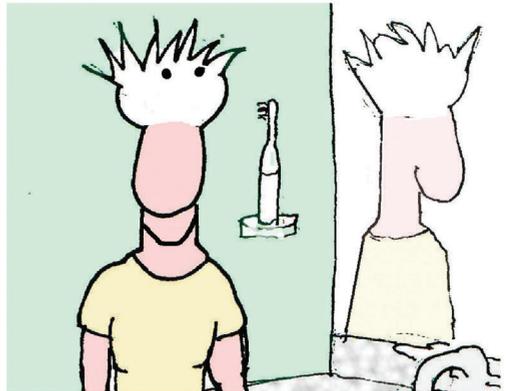
You're very welcome, my darling, ... it is a labour of love!



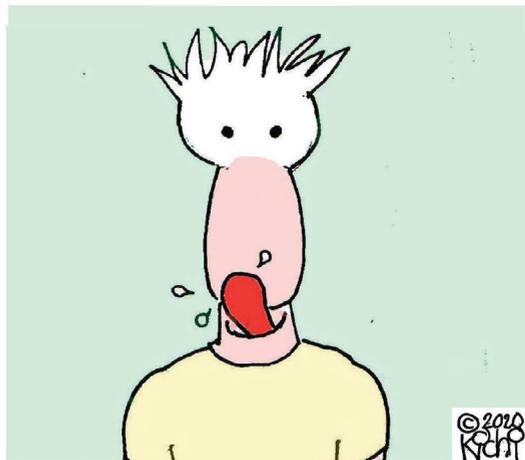
And I love you, too, sweetheart!



To me, this loo is an extension of your luscious, tasty anus!



Sweet Jesus! You don't mean you cleaned the loo with ... your





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mob: 0422 632 690

P.O. Box 7479, St. Kilda Road,
Melbourne Victoria 8004



Email: brett.hayhoe@qmagazine.com.au

www.qmagazine.com.au